

Week Trading Plan				
Week: [Enter Week and Year]				
Day	Goals	Market Analysis	Trading Strategy	Risk Management
Monday	- Goal 1	- Analysis for Market	- Entry and Exit Rules	- Position Sizing
				- Stop-Loss Strategy
				- Risk-Reward Ratio
Tuesday	- Goal 2	- Analysis for Market	- Entry and Exit Rules	- Position Sizing
				- Stop-Loss Strategy
				- Risk-Reward Ratio
Wednesday	- Goal 3	- Analysis for Market	- Entry and Exit Rules	- Position Sizing
				- Stop-Loss Strategy
				- Risk-Reward Ratio
Thursday	- Goal 4	- Analysis for Market	- Entry and Exit Rules	- Position Sizing
				- Stop-Loss Strategy
				- Risk-Reward Ratio
Friday	- Goal 5	- Analysis for Market	- Entry and Exit Rules	- Position Sizing
				- Stop-Loss Strategy
				- Risk-Reward Ratio

Weekly Review and Adjustment				
- Review Performance				
- Modify Trading Strategy				
- Set Goals for Next Week				